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Roche Diagnostics GmbH
Sandhofer Strasse 116
68305 Mannheim, Germany
www.accu-chek.com

ACCU-CHEK®

ACCU-CHEK® Mobile

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Accu-Chek® Mobile

BLOOD GLUCOSE MONITORING SYSTEM

START HERE
Quick Start Guide

PLEASE READ CAREFULLY BEFORE USING.

ACCU-CHEK®

Overview: Test cassette, meter and finger pricker

Test cassette with 50 tests

Lancet drum with 6 lancets

Release button (priming and pricking)
Power and Enter button
Window showing number of available lancets
Down/Up buttons
Lever for loading a new lancet
Rotatable cap for setting the penetration depth
Tip cover
Test area at the tip of the cassette

Slide button to release finger pricker
Slide button to open the cassette compartment cover
Cassette compartment cover

⚠

- This Quick Start Guide is not a substitute for the full User's Manual supplied with your Accu-Chek Mobile system. Please be sure to observe the safety information in the User's Manual.
- **The Accu-Chek Mobile meter and attached finger pricker are intended for patient self-monitoring by an individual person only. These items do not incorporate any features to guard against spread of infection and must not be used on more than one person. They are also not suitable for professional use in healthcare facilities and institutions.**

1. Starting to use the Accu-Chek Mobile system

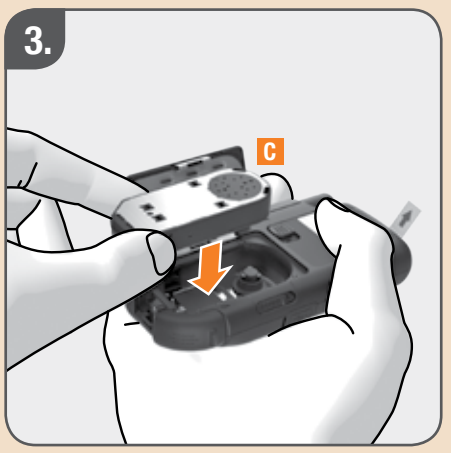
1.

Open the tip cover **A** completely as far as it will go. Only then will you be able to open the cassette compartment and insert the test cassette.

2.

Push the slide button **B** upwards. This opens the cassette compartment cover.

3.



Remove a new test cassette **C** from the packaging. Insert the test cassette into the meter. Close the cassette compartment cover and the tip cover.

4.

Pull the protective strip of the battery **D** backwards out of the meter to activate the batteries. Remove the protective film from the display.

5.

Press the ● button **E** for about 2 seconds until the meter turns on.

6.

Use the ▼ ▲ buttons to select the language **F**.

7.

Press the ● button to set the desired language **G**.

8.

Press the ● button to confirm the selected language **H**.

⚠

If you have set the wrong language by mistake, you may not be able to read the menus any more. You can nevertheless change the language. The instructions can be found in Chapter 5.2 of the User's Manual under the section *Correcting a wrongly set language.*

2. Preparing the finger pricker

Remove the rotatable cap for setting the penetration depth A.

Insert a new lancet drum B (white end first). You now have 6 new and sterile lancets at your disposal.

Place the cap C back on again.

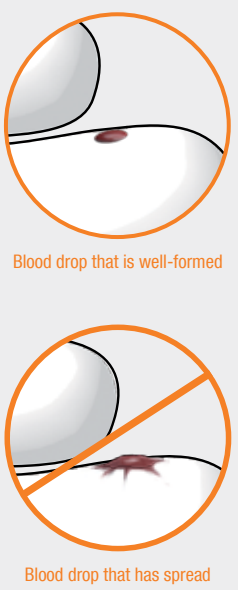
Rotate the cap D of the finger pricker until the desired penetration depth is level with the indicator. Start with a medium penetration depth such as 3.

What you need to know

Wash your hands with warm water and soap. Dry your hands well before obtaining blood.

⚠

- When you are ready to do a test and the meter displays *Apply drop*, ensure that you apply the blood drop to the test area immediately. Note that liquid can evaporate quickly from the tiny drop of blood increasing the concentration of glucose significantly.
- Touch the test area **gently** when applying blood. Do not press the test area onto the finger and do not spread the blood drop.



Blood drop that is well-formed

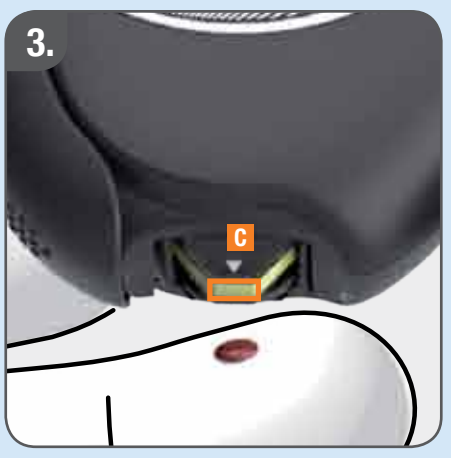
Blood drop that has spread

Use a small, fresh, well-formed blood drop for each blood glucose test and apply it to the centre of the test area on the cassette.

3. Performing a blood glucose test

Open the tip cover A. The meter automatically turns on.

Press the finger pricker firmly against the selected puncture site. Then press the release button B all the way down to obtain a blood drop.



Apply the blood drop to the centre of the test area C. Touch the test area gently because the blood is immediately drawn up when contact is made.

Read the test result and close the tip cover D. The meter automatically turns off.

4. Loading a new lancet

Push the lever at the side of the finger pricker as far as it will go in direction ① and then back again in direction ② to load a new lancet.

You can tell that a lancet drum has been used because it has a red line visible on the white portion. Used lancet drums cannot be reused.

Customer Support and Service Centre

Roche Diagnostics Limited
Charles Avenue, Burgess Hill
West Sussex, RH15 9RY,
United Kingdom
Accu-Chek Customer Careline[1)]
UK Freephone number: 0800 701 000
ROI Freephone number: 1 800 709 600
[1)]calls may be recorded for training purposes
www.accu-chek.co.uk

Roche Diagnostics Australia Pty. Ltd.
31 Victoria Avenue, Castle Hill
NSW 2154, **Australia**
ABN 29 003 001 205
Accu-Chek Enquiry Line: 1800 251 816
www.accu-chek.com.au

Roche Products (Pty) Ltd.
Diagnostics Division
9 Will Scarlet Road, Ferndale
P.O. Box 1927, Randburg 2125
South Africa
Accu-Chek Customer Care Centre:
080-DIABETES (Dial 080-34-22-38-37)
www.diabetes.co.za